



OPUS INDUSTRIAL SERVICES LIMITED

Management and Supervision of Work at Height

Pre-requisites

Candidates must be physically able to carry out the procedures detailed in the course outline and must attend all sessions to be eligible for assessment. Candidate should have some experience of working in a supervisory or management role.

Duration

1 Day

Who is it for?

This course is for people who are involved in the management or supervision of work at height and responsible for ensuring compliance with the Working at Height Regulations.

Course content includes:

- Working at Height Legislation
 - Working at Height Categories
 - Hierarchy of Measures
 - Equipment Legislation
 - Equipment Control, Records and Maintenance
 - Selection and Planning of Working at Height Method
 - Selection and Safe Use of Equipment
 - Risk Assessment
 - Fall and Impact Forces
 - Rescue Provision
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The course is classroom based

Qualification

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Cost

£280 per person